



# Self-Dicipline Sheet

Return this Sheet and receive an Achievement Stripe on your belt! Write down something you did around the house or at school that you did not have to be told to do by an adult. (excludes monthly challenges.)

**Student Name:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_

**Date Submitted:** \_\_\_\_\_

- |           |           |
|-----------|-----------|
| 1. _____  | 11. _____ |
| 2. _____  | 12. _____ |
| 3. _____  | 13. _____ |
| 4. _____  | 14. _____ |
| 5. _____  | 15. _____ |
| 6. _____  | 16. _____ |
| 7. _____  | 17. _____ |
| 8. _____  | 18. _____ |
| 9. _____  | 19. _____ |
| 10. _____ | 20. _____ |

Complete this sheet and return it when you have 20 lines completed!