



# Aikido of Maine

## Achievement Stripe Program



For children in our Aiki-play, and Aikido-kids and children's classes.

We want our students to achieve their best at home, in school, in the dojo and in the community, therefore we are implementing a new Achievement Stripe Program. Just like our students receive stripes on their belts for doing well in the dojo, students will now be able to earn Achievement Stripes for doing well at home and school. The program is geared toward motivating children to practice good habits that will help form life long skills. Even though this program is optional, we feel that all members and families will benefit from participating and we appreciate your involvement in making this a program a great success.

**Description:** Students will receive Achievement Stripes on their belt to signify different levels of achievement each month. Students who complete every part of the program can earn up to 4 stripes each month. All children will receive **3 Take Home Sheets**, these will be at the dojo, on the monthly email and web site. (**Self-Discipline=1 stripe, Book and Music Club=1 Stripe, Home Report Card = 1 stripe**) These forms may be submitted up to once per month and may be carried over to the following month if not completed. By completing each sheet an Achievement Stripe is awarded.

### How to earn Stripes?:

1) Earn Achievement Stripes for a good **Home Report Card**, Students must receive Satisfactory or Excellent to receive a stripe for these tasks. Parents fill out the Home Report Card and are encouraged to hang it in a visible spot in the home as a reminder that we are working on excellence. This is meant to be a great motivator and a positive tool for the family. **1 stripe per month**

2) Earn Achievement Stripes for **Academic Excellence:**

A. Students can submit tests, quizzes or papers with excellent grades. Students who bring in 2 items during the month will earn one Achievement Stripe. Parents please have your child hand in only appropriate papers and do not submit them until you have a minimum of 2. Some members either home school children or younger members might not be graded like elementary students and we ask these parents to use their own discretion when handing in these papers, we are looking for examples of the children's best efforts. **1 stripe per month.**

B. Students may also receive 1 Achievement stripe for a report card deemed the student's best effort by the parent. We ask that all report cards be submitted for review by sensei each marking period. Academic skills vary as each child is an individual with specific strengths and challenges. We are asking parents to attach a note indicating that the report card represents their child's best effort. Report cards that indicate negative behavior in school will not earn a stripe. We expect all our dojo members to show discipline and respect in and out of the dojo. **1 Stripe per grading period.**

3) **Book / Music Practice Club:** Read ten books or for One hour, practice a musical instrument for your recommended time. Fill in the sheet and earn **1 stripe per month**. Some of our members need more encouragement than others and this should be guided by the parent as to what is most important for their child.

4) **Self Discipline:** The student should write down something that they did at home or school that they were not asked to do! The goal with this task is to help the student take initiative. **1 stripe per month**

*\*Achievement Stripes will be awarded as close to the date they are handed in as possible.*

\*When submitting papers, please write at the top how many stripes the child is earning at this time and attach the papers together. We can not return papers so if it is something important please submit a copy instead of the original.

- Children who are participating in this program will need **3 stripes to test for a belt**.
- During the week of tests, every student with **7 Achievement Stripes** will receive a special reward.

*\*This program is voluntary, if you do not want to participate just let us know.*

\*At testing time we will count the Achievement Stripes for each student testing for a belt that month and announce an **Achievement Stripe Champion (most stripes)** the following week. The winners will be awarded a prize for excellence.

